

Health & Social Care Curriculum

Component 1: Human Lifespan Development
Component 2: Health and Social Care Services and Values
Component 3: Health and Wellbeing

In Relationships & Sex Education (RSE) and Physical health & mental wellbeing curriculum, learners have completed tasks that will support a transition to Health & Social Care applying knowledge from KS3:

- Physical health
- Mental wellbeing
- Drugs, alcohol and tobacco
- Relationships

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	A1 PIES across the life stages A2 Factors affecting growth and development	B1 Different types of life events B2 Coping with change caused by life events	A1 Healthcare services A2 Social care services	A3 Barriers to accessing services B1 Skills and attributes in health and social care	B2 Values in health and social care B3 The obstacles individuals requiring care may face	B4 The benefits to individuals of the skills, attributes and values in health and social care practice
11	A Factors affecting health and wellbeing	B Interpreting health indicators	C Person-centred approach to improving health and wellbeing	C3 Exam mastery	Extended curriculum	Extended curriculum

	Component 1: Human Lifespan Development Learners will explore different aspects of growth and development and the factors that can affect this across the life stages. They will explore the different events that can impact on individuals’ physical, intellectual, emotional and social (PIES) development and how individuals cope with and are supported through changes caused by life events.
	Component 2: Health and Social Care Services and Values Learners will explore health and social care services and how they meet the needs of service users. They will also study the skills, attributes and values required when giving care.
	Component 3: Health and Wellbeing Learners will explore the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and person-centred approaches to make recommendations to improve an individual’s health and wellbeing.