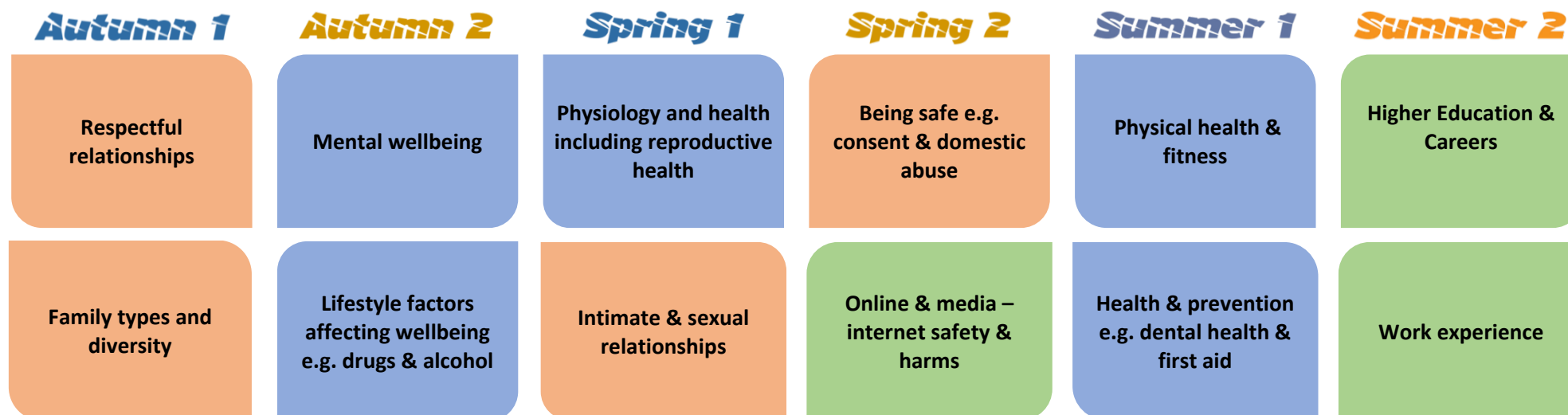


Relationships, Sex & Health Education Curriculum (KS5)

Health & Wellbeing
Relationships
Living in the Wider World

In Relationships & Sex Education (RSE) and Physical health & mental wellbeing curriculum, learners have completed tasks that will support a transition to KS5 RSHE applying knowledge from KS4:

- Physical health
- Mental wellbeing
- Drugs, alcohol and tobacco
- Relationships



	Health & Wellbeing Mental, physical and emotional wellbeing. Enriching understanding of what mental and physical ill health can look like, healthy coping mechanisms that can be used to manage health and promote positive wellbeing in yourself and others.
	Relationships The development of healthy relationships and the statutory requirements of SRE including consent, contraception, pregnancy etc.
	Living in the Wider World This theme develops awareness of global issues, different cultures, decision-making and positive community contributions.