

Key Stage 5 Curriculum Plan

BTEC Sport Level 3

<u>SINGLES</u>		GLH	<u>DOUBLES</u>		GLH
<u>Year 12</u> Certificate in Sport (2 Lessons a Week)			<u>Year 12</u> Extended Certificate in Sport (4 Lessons a Week)		
<u>YEAR 12</u>	1 → Anatomy & Physiology (Exam – Jan 2023/Resit Summer 2023)	120	<u>YEAR 12</u>	1 → Anatomy & Physiology (Exam – Jan 2023/Resit Summer 2023)	120
	7 → Practical Sports Performance	60		2 → Fitness Training and Programming for Health, Sport and Well-being (Exam – Jan 2023/Resit Summer 2023)	120
				3 → Professional Development in the Sports Industry	60
				4 → Sports Leadership	60
<u>Year 13</u> Extended Certificate in Sport (2 Lessons a Week)			<u>Year 13</u> Diploma in Sport (4 Lessons a Week)		
<u>YEAR 13</u>	2 → Fitness Training and Programming for Health, Sport and Well-being (Exam – Jan 2024/Resit Summer 2024)	120	<u>YEAR 13</u>	5 → Application of Fitness Testing	60
	3 → Professional Development in the Sports Industry	60		7 → Practical Sports Performance	60
				8 → Coaching for Performance	60
				22 → Investigating Business in Sport and the Active Leisure Industry (Exam – Jan 2024/Resit Summer 2024)	90
				23 → Skill Acquisition in Sport	90

Core Themes

<u>Body Systems</u>	<u>Business in Sport</u>	<u>Coaching</u>	<u>Health & Fitness</u>	<u>Leadership</u>	<u>Officiating</u>	<u>Skill & Performance</u>
Unit 1	Unit 3	Unit 3	Unit 1	Unit 3	Unit 3	Unit 7
Unit 2	Unit 22	Unit 4	Unit 2	Unit 4	Unit 4	Unit 23
		Unit 7	Unit 5	Unit 5	Unit 7	
		Unit 8		Unit 8	Unit 8	
		Unit 23		Unit 23	Unit 23	