

# Madeley Academy Sports Academy

## **BTEC Nationals (Level 3) Subsidiary Diploma in Sport Diploma in Sport Extended Diploma in Sport**

### **WHY BTEC SPORT?**

These courses offer an active and enjoyable way to study Sport and to gain an understanding of the Sport and Leisure Industry. All three courses aim to provide students with a unique blend of opportunities to progress academically and to gain the necessary prerequisites to pursue a successful career within the broader field of Sport. There are various possibilities open to students as they progress through the academy, including:

- Entrance to University to study sport related degrees.
- Scholarships in USA.
- Direct employment in the leisure industry.
- Achieve career in a particular Sport either as a full time professional or semi-professional.

The Sports Academy aims to provide students with the opportunities to play competitive fixtures at all levels, including prestigious competitions such as:

- ESFA National Cups.
- League Cup Competitions.
- FA Youth Cup.

Students will also have opportunities to gain valuable life-skill qualifications at both Level 1 and 2, including:

- F.A. Level 1 and 2 in Coaching Football.
- Level 2 and 3 Fitness Instructors qualification.
- A relevant First Aid qualification.
- Relevant Lifesaving and Swimming qualifications.
- Sports Leaders Awards.
- The Duke of Edinburgh Award Scheme.

### **SPECIFIC ENTRY REQUIREMENTS**

- 4 GCSEs (Grades A\* - C)
- Satisfactory level of competence in Mathematics and English
- A high commitment to PE and Sport, including extra-curricular activities.

## COURSE DETAILS

### **BTEC Extended Diploma in Sport (Development, Coaching & Fitness)** **[Triple Award Course]**

You will study eight mandatory units **plus** eleven optional units.

### **BTEC Diploma in Sport (Development, Coaching & Fitness)** **[Double Award Course]**

You will study eight mandatory units **plus** five optional units.

### **BTEC Subsidiary Diploma in Sport** **[Single Award Course]**

You will study three mandatory units **plus** one mandatory specialist unit **plus** three optional units.

Further details on course content can be found at [www.edexcel.com/quals/nationals10/sport](http://www.edexcel.com/quals/nationals10/sport).

#### **Mandatory Units:**

Unit 1: Principles of Anatomy and Physiology in Sport

Unit 2: The Physiology of Fitness

Unit 3: Assessing Risk in Sport

Unit 4: Fitness Training and Programming

**Diploma / Extended Diploma**

Unit 5: Sports Coaching Diploma / Extended Diploma

Unit 6: Sports Development

**Diploma / Extended Diploma**

Unit 7: Fitness Testing for Sport and Exercise

**Diploma / Extended Diploma**

Unit 8/9: Practical Team / Individual Sports

**Diploma / Extended Diploma**

#### **Optional Units:**

Unit 10: Outdoor and Adventurous Activities

Unit 11: Sports Nutrition

Unit 12: Current Issues in Sport

Unit 13: Leadership in Sport

Unit 14: Exercise, Health and Lifestyle

Unit 15: Instructing Physical Activity and Exercise

Unit 16: Exercise for Specific Groups

**Extended Diploma only**

Unit 17: Psychology for Sports Performance

Unit 18: Sports Injuries

Unit 19: Analysis of Sports Performance

**Extended Diploma only**

Unit 20: Talent Identification & Development in Sport

**Extended Diploma only**

Unit 21: Sport and Exercise Massage

Unit 22: Rules, Regulations and officiating in Sport

Unit 23: Organising Sports Events

Unit 24: Physical Education and the care of Children and Young People

Unit 25: Sport as a Business

Unit 26: Work Experience in Sport

Unit 39: Sports Facilities and Operational Management

Unit 40: Sports Legacy Development

Unit 41: Profiling Sports Performance

Unit 42: Research Investigation in Sport and Exercise Sciences

Unit 43: Laboratory and Experimental Methods in Sport and Exercise Science