



Restaurant Guide 2023-24

PLEASE RETAIN THIS BOOKLET FOR YOUR INFORMATION

This booklet contains relevant information regarding the provision of food and drinks provided for students in the Restaurant which you may find useful.

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Menus

Breakfast Menus

	Specials	Price (£)		Daily Items	Price (£)
Monday	Sausage Roll	1.20		Baked Beans	70p
Tuesday	Sausage Bap	1.20		Toast	40p
Wednesday	Bacon Bagel	1.60		Beans on Toast	1.10
Thursday	Sausage Bap	1.20		Croissant	1.10
Friday	Sausage Roll	1.20			

Lunchtime Menus

	Menu	Price (£)		Daily Items	Price (£)
Monday	Chicken Burger	1.90		Meal Deal:	
	Sausage Roll	1.20		Sandwich + Mini Biscuits + 125ml Fruit Drink	3.00
	Hot Pudding & Custard	1.20		Baked Potato with 1 filling	1.70
Tuesday	Hot Dog	1.80		Baked Potato with 2 fillings	2.00
	Sausage Roll	1.20		Chips/Gravy or Curry Sauce	1.80
	Hot Pudding & Custard	1.20		Chips	1.20
Wednesday	Chicken Strips in a Wrap	1.80		Baked Beans	70p
	Sausage Roll	1.20		Selection of Sandwiches	1.90
	Hot Pudding & Custard	1.20		Selection of Wraps/Baps	1.80
Thursday	Beef Burger	1.80		Salad portion	50p
	Sausage Roll	1.20		Cheese	70p
	Hot Pudding & Custard	1.20		Plated Salad	2.00
Friday	Popcorn Chicken	1.90		Fruit Bowl	40p
	Sausage Roll	1.20		Pasta Pot	1.00
	Hot Pudding & Custard	1.20		Small packet of biscuits	50p
			Cookie	1.00	
			Doughnut	1.00	
			Brownie	1.00	

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Sausage Roll

WHEAT flour, (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin) water, pork (15.8%), vegetable oil spread, vegetable oils (palm oil, rapeseed oil) water, salt, emulsifier, mono and diglycerides of fatty acids, seasoning, (**SOYA** protein concentrate, potato starch, salt, stabilisers, disodium diphosphate, tetrasodium diphosphate) flavourings, preservative, sodium **SULPHITE**, dextrose, spices, sunflower oil, antioxidant, ascorbic acid, pork fat, salt, onion powder, white pepper, dried glucose syrup, cornflour, **MILK** protein, colour (carotenes)

Pork and Beef Sausage Bap

Sausage: Pork (29%) water, **RUSK**, **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), salt, pork rind, beef (3%) salt, pork fat, dextrose, yeast extract, stabiliser (triphosphates), sugar, spices (black pepper, ginger, nutmeg), preservative (sodium sulphite), spice extracts (coriander, nutmeg, pepper), antioxidant (sodium ascorbate), herb extract (sage), beef collagen casings (collagen, water, cellulose)

Bap: **WHEAT** flour, (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, salt, yeast, sugar, rapeseed oil, emulsifiers, E417, E472E, flour treatment agents E300, E920. May contain **SESAME** seeds.

Bacon Bagel

Bacon: Pork (87%) water, salt, antioxidant (sodium ascorbate) preservatives (sodium nitrite, potassium nitrate)

Bagel: **WHEAT** flour (**WHEAT** flour calcium carbonate, iron, niacin, thiamin), water, sugar, maize, yeast, rapeseed oil, salt, **WHEAT** gluten, malted barley flour, flour treatment agent (ascorbic acid). May contain traces of **SESAME**.

Baked Beans

Beans (53%), tomatoes (25%), water, sugar, glucose-fructose syrup, modified maize starch, salt, onion powder, paprika, flavourings.

Toast & Butter

WHEAT flour, water, yeast, salt, butter, **SOYA**, rapeseed oil.

Butter Croissant

WHEAT flour (**WHEAT** gluten), water, butter (21%), sugar, durum **WHEAT**, semolina, yeast, **WHEAT** gluten, salt, eggs, **WHEAT**, sourdough (water, fermented **WHEAT** flour) flour treatment agent (E300) enzyme.

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Chicken Burger

Chicken: Chicken breast meat (57%) **WHEAT** flour, maize flour, breadcrumb (**WHEAT** Flour, salt), modified starch:E1420, **WHEAT** semolina, **WHEAT** starch, raising agents:E341 E450(i) E500(i) salt, pepper, sugar, dextrose, pepper extract, **CELERY**, flavouring, anti-caking agent E551, bamboo fibre, yeast extract, sunflower oil.

Bap: **WHEAT** flour, (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, salt, yeast, sugar, rapeseed oil, emulsifiers, E417, E472€, flour treatment agents E300, E920. May contain **SESAME** seeds.

Hot Dog

Sausage: Pork (43%) water, **RUSK**, **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), salt, pork rind, salt, pork fat, dextrose, yeast extract, sugar, stabiliser (diphosphates) preservatives (sodium **SULPHITE**) spice extracts (pepper, nutmeg, coriander) herb extracts (sage, thyme) beef collagen casings (collagen, water, cellulose).

Bun: **WHEAT** flour (**WHEAT** flour, calcium, iron, niacin, thiamin), water, sugar, yeast, vegetable oils, palm oil, rapeseed oil; salt, emulsifiers; mono-and diacetyltartaric acid esters of mono- and diglycerides of fatty acids, mono- and diglycerides of fatty acids; preservative: calcium propionate; flour treatment agent: ascorbic acid. May Contain **SOYA** and **SESAME** seeds.

Beef Burger

Burger: Beef (80%) water, **RUSK** (fortified **WHEAT** flour, (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin) salt, raising agent (ammonium bi carbonate) **SOYA** protein isolate (contains preservative **SULPHUR DIOXIDE**), seasoning (salt, yeast extract, preservative, sodium **METABISULPHITE**), spices (white pepper, coriander), herbs (sage, thyme), herb extract (rosemary).

Bap: **WHEAT** flour, (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, salt, yeast, sugar, rapeseed oil, emulsifiers, E417, E472€, flour treatment agents E300, E920. May contain **SESAME** seeds.

Chicken Strips in a Wrap

Chicken Strips: Chicken breast (56%), **WHEAT** flour, water, palm oil, salt, spices (black pepper, **MUSTARD**, white pepper, aniseed, ginger, **CELERY**, cinnamon, coriander, nutmeg), **WHEAT** gluten, modified tapioca starch, sage, colour (paprika extract), humectants (sodium triphosphate), **MILK** solids, yeast extract, sunflower oil, **EGG** white powder, onion powder, garlic powder, black pepper extract, dextrose, yeast, chilli extract.

Wrap: Fortified **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, vegetable oils (palm oil, rapeseed oil), sugar, raising agent (E500, E450, E296), salt.

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Popcorn Chicken in a Wrap

Chicken: Chicken breast meat (51%), Southern Fried coating (**WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, **WHEAT** starch, salt, **WHEAT** gluten, spices (white pepper, black pepper, fennel, onion powder, garlic powder, yeast extract, dextrose, raising agents (E450, E500), yeast, acidity regulator (citric acid), spice extract (black pepper, nutmeg), onion oil, water, sunflower oil, pea fibre, pea starch, salt, stabilisers: di-triphosphates. May also contain traces of **MUSTARD**, **CELERY**, **SOYA**, **EGG**, **MILK**, **SULPHITES**.

Wrap: Fortified **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), water, vegetable oils (palm oil, rapeseed oil), sugar, raising agent (E500, E450, E296), salt.

Jacket Potato with Cheese & Beans

Jacket potato, mature cheddar cheese, (**MILK**), anti-caking agent, potato starch, baked beans, (53%), tomatoes, (25%), water, sugar, glucose-fructose syrup, modified maize starch, salt, onion powder, paprika flavourings.

Chinese Curry Sauce

WHEAT flour, (**WHEAT**, calcium, iron, niacin, thiamin), palm oil, curry blend (ground coriander, ground turmeric, **MUSTARD** flour, chana dal, ground cumin, chilli powder, ground fenugreek, black pepper, garlic powder, salt, sugar, salt flavour enhancer (E621), tomato powder, ground turmeric, chilli powder.

Gravy

Potato starch, maltodextrin, palm fat, salt, colour (ammonia caramel), flavour enhancers (monosodium glutamate, disodium 5' – ribonucleotides), sugar, emulsifier (**SOYA** lecithin), flavourings, black pepper extract, rosemary extract, onion oil.

Milk Chocolate Chunk Cookie

Fortified **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin), sugar, Belgian milk chocolate chunks (19%): (sugar, whole **MILK** powder, cocoa butter, cocoa mass, emulsifier: **SOYA** lecithin, natural flavouring), margarine (palm oil, rapeseed oil, water, salt, natural flavouring), palm oil, butter (**MILK**), Rapeseed oil, whole **EGG** powder, humectant; glycerol, water, whey powder (**MILK**), molasses, raising agents, sodium carbonates, diphosphates, salt. May contain **NUTS**.

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Ring Doughnut

Fortified **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamin) water, palm oil, rapeseed oil, glucose, dextrose, sugar, raising agents (potassium hydrogen carbonate, disodium diphosphate, monocalcium phosphate), **WHEAT** gluten, yeast, emulsifiers (sodium stearoyl -2-lactylate, mono and diglycerides of fatty acids) cornflour, potassium chloride, soya flour, salt, stabiliser (carboxymethyl cellulose), flour treatment agent (ascorbic acid) May contain **SESAME** seeds, **EGG** and **MILK**

Chocolate Sponge Mix

WHEAT flour (**WHEAT**, calcium, iron, niacin, thiamin) sugar, vegetable oil blend (palm and rapeseed oil) reduced fat cocoa powder (4.8%), dried whole **EGG** powder, raising agents (E450(i), E341(i), raising agent (E500(i), dextrose, skimmed **MILK** powder, butter **MILK** powder, whey powder, **MILK**, acid casein (**MILK**) sodium carbonate, disodium phosphate, dried **EGG** white powder, chocolate flavour (0.4%) maltodextrin, thickener (Xanthan Gum), colour (caramel powder), emulsifier (glucose syrup, E472b, E477, **SOYA** flour), flavouring.

Sponge Mix

WHEAT flour (**WHEAT**, calcium, iron, niacin, thiamin), sugar, vegetable oil blend, (palm and rapeseed oil blend), dextrose, palm oil, butter **MILK** powder, dried whole **EGG** powder, emulsifiers (glucose syrup, E472b, E477, **SOYA** flour), raising agent (E500(ii), skimmed **MILK** powder, leavening agent (E450(vii), (E341(i)), whey powder (**MILK**), acid casein (**MILK**), sodium carbonate, disodium phosphate, dried **EGG** white powder, raising agent (E450(i), (E526), (E241)), flavouring, thickener (Xanthan Gum).

Brownies

Sugar, **WHEAT** flour (with added calcium, iron, niacin, thiamin), vegetable oils (palm, rapeseed), fat-reduced cocoa powder, dried **EGG** albumen, modified maize starch, salt, raising agent (E500), emulsifiers (E470a, E471, E472b, E472e, E477, E482), **MILK** protein, stabilisers (E450), may also contain **SOYA**.

Custard

Maize starch, colour (Annatto), flavouring.

Sandwiches

Various allergens – individually labelled.

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Restaurant Price List Academic Year 2023-24



Other



- £1.00 Still Water 500ml
- £1.00 Fruit Water 500ml
- £1.00 Sparkling Fruit Water 500ml
- 60p Pure Orange & Apple Juice 125ml
- 50p Hot drink token
- 15p Butter portion
- 20p Jam Pots assorted
- 15p Tomato Ketchup
- 15p Brown Sauce
- 15p Mayonnaise
- 15p Salad Cream

