

# BTEC Sport (Development, Coaching & Fitness)

Madeley Academy

## WHY SPORT?

These courses offer an active and enjoyable way to study Sport and to gain an understanding of the Sport and Leisure Industry. All three courses aim to provide students with opportunities to progress academically and to gain the necessary prerequisites to pursue a successful career within the broad field of Sport. There are various possibilities open to students as they progress through the academy, including:

- Entrance to University to study sport related degrees.
- Scholarships in USA.
- Direct employment in the leisure industry.
- Achieve career in a particular Sport either as a full time professional or semi-professional.

The Sports Academy aims to provide students with the opportunities to play competitive fixtures at all levels, including prestigious competitions such as:

- ESFA National Cups
- League Cup Competitions
- FA Youth Cup

Students will also have opportunities to gain valuable life-skill qualifications at both Level 1 and 2, including:

- F.A. Level 1 and 2 in Coaching Football.
- Level 2 Fitness Instructors qualification.
- A relevant First Aid qualification.
- Relevant Lifesaving and Swimming qualifications.
- Sports Leaders Awards.
- The Duke of Edinburgh Award Scheme

## SPECIFIC ENTRY REQUIREMENTS

- Students must achieve a minimum of 5 GCSEs (Grades A\* - C) including English and Maths
- A high commitment to PE and Sport, including extra-curricular activities.

## COURSE DETAILS

BTEC Extended Diploma in Sport [Triple Award Course]

You will study 8 mandatory units plus 11 optional units.

BTEC Diploma in Sport [Double Award Course]

You will study 8 mandatory units plus 5 optional units.

BTEC Subsidiary Diploma in Sport [Single Award Course]

You will study 3 mandatory units plus 1 mandatory specialist unit plus 3 optional units.

**Example Mandatory Units:** Principles of Anatomy and Physiology in Sport, The Physiology of Fitness, Assessing Risk in Sport, Fitness Training and Programming, Sports Coaching, Sports Development, Fitness Testing.

**Example Optional Units:** Outdoor and Adventurous Activities, Sports Nutrition, Leadership in Sport, Exercise, Health and Lifestyle, Instructing Exercise, Exercise for Specific Groups, Psychology for Sports Performance, Sports Injuries, Sports Performance, Sport and Exercise Massage, Organising Sports Events, Sport as a Business, Sports Facilities and Operational Management, Sports Legacy Development, Profiling Sports Performance.



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