

City & Guilds Level 3 Diploma in Beauty Therapy

The Diploma in Beauty Therapy level 3 is an advanced technical qualification that can on completion lead to many career pathways within the Beauty Industry.

Career opportunities include:

Working on cruise liners

Fashion, media or photography

TV, film and theatre

Working in Salons, hotels, or spas abroad

Owning your own salon

Training for product companies

Manufactures technician

Makeup artist

/Advanced Holistic Therapist

Further education routes include:

BTEC Level 4 HNC Diploma in Hair and Beauty Management

Training and Assessing in Further Education Colleges

Students who have already completed a level 2 Certificate in Beauty can move directly on to a level 3 and study the following 10 units:

301 Working with colleagues within the beauty related industries

The aim of this unit is to explore the roles and responsibilities available within the Beauty industry. The principles of behaviour, professionalism, problem solving, communication and working with others will all play a key part in the study of this unit. Students will investigate the impact of positive and negative behaviour in the work place along with the importance of giving and receiving instruction, support and guidance and timely feedback.

302 Monitor and maintain health and safety practice in the salon

The aim of this unit is about making sure that statutory and work place instructions are being carried out in order to monitor the operation of health and safety procedures.

The skills developed will include monitoring, maintaining and supporting health, safety and security practices in the salon and following and carrying out emergency procedures.

The knowledge acquired will enable students to understand and explain the main

Provision of the Health and Safety at Work Act, assess hazards and carry out risk assessments and monitor emergency procedures requirements.

303 Client care and communication in beauty related industries

For this unit students will consider and research the importance of professional behaviour in the workplace, the use of effective communication techniques when dealing with clients, adapting methods of communication to suit different situations and client needs, using effective consultation techniques to identify treatment objectives, providing clear recommendations to the client and will assess the advantages and disadvantages of different types of communication used with clients.

304 Promote and sell products and services to clients

The aim of this unit is to learn and develop the ability to identify selling opportunities, use effective communication techniques, interpret buying signals and the client's intentions, manage clients expectations to achieve a realistic objective, introduce products and/or services to clients and use effective selling techniques to close a sale. Students will learn the benefits to the salon of promoting services and products to the client and the importance of product and service knowledge when selling, incorporating skills such as managing client expectations and interpreting buying signals. The unit will have a strong emphasis on the self evaluation process and how to implement and improve techniques.

305 Provide body massage **

This is a predominantly practical unit offering students the opportunity of learning how to prepare themselves, their client and their work area for body massage treatments, reviewing different skin types and conditions that may affect treatment, the benefits of massage, identification of body types & body fats, mechanical & pre-heat treatments and common postural faults. There will be a strong focus on the in-depth study of the structure and functions of the skeletal, muscular, cardio-vascular, lymphatic, nervous, digestive, urinary and endocrine systems in relation to massage.

306 Provide facial electrotherapy treatments **

This is a predominantly practical unit offering students the opportunity of learning how to prepare themselves, their client and their work area for electrical facial treatments, reviewing different skin types and conditions that may affect treatment, in-depth skin analysis, the benefits of electrical facials, the principle of electrical current on the skin and underlying structures and relevant mechanical & pre-heat treatments. There will be a strong focus on the in-depth study of the structure and functions of the skeletal, muscular, cardio-vascular and lymphatic systems, supported by the learning and evaluation of how the ageing process, lifestyle and environmental factors affect the skin

307 Provide body electrotherapy treatments **

This is a predominantly practical unit offering students the opportunity of learning how to prepare themselves, their client and their work area for electrical body treatments, reviewing different body types and conditions that may affect treatment, detailed body analysis, the benefits of electrical body treatments and the principle of electrical current on the skin and underlying structures. There will be a strong focus on the in-depth study of the structure and functions of the skeletal, muscular, cardio-vascular, endocrine, and digestive and lymphatic systems, supported by the learning and evaluation of how the ageing process, lifestyle and environmental factors affect the skin and body condition.

309 Provide massage using pre-blended aromatherapy oils**

This is an often complex, yet interesting practical unit offering students the opportunity of learning how to prepare themselves, their client and their work area for aromatherapy massage treatments, the safety precautions associated with the range of pre blended aromatherapy oils reviewing different skin types and conditions that may affect treatment, the benefits of massage, identification of body types & body fats, mechanical & pre-heat treatments and common postural faults. There will be a strong focus on the study of the structure and functions of the skeletal, muscular, cardio-vascular, lymphatic, nervous, digestive, urinary and endocrine systems in relation to massage.

311 Provide Indian head massage **

This is a predominantly practical unit offering students the opportunity of learning how to prepare themselves, their client and their work area for Indian Head Massage treatments, reviewing different conditions that may affect treatment, the benefits of massage, the effects and benefits of Indian head massage and the location and function of chakras. There will be a strong focus on the in-depth study of the structure and functions of the skeletal, muscular, cardio-vascular, lymphatic and nervous systems, as well as hair structure and function, in relation to head massage.

317 Apply Individual permanent lashes**

This is a predominantly practical unit offering students the opportunity of learning how to prepare themselves, their client and their work area for the application of individual, permanent lashes. This will be done by reviewing different conditions that may affect treatment, performing accurate tests for suitability and recording results, assessing facial characteristics prior to carrying out treatment and studying the structure of the hair and hair growth cycle

****All practical units will include a comprehensive delivery on the importance of communicating and behaving in a professional manner, following healthy and safe working practices, the correct & professional use of products, tools, equipment, completing treatments to the satisfaction of clients and evaluation of delivery the results of the treatment**

Students who have not studied Beauty Therapy before will be able to study for the following core level 2 units alongside a level 3.

City & Guilds Level 2 core units in Beauty Therapy Services

Unit 204 Provide facial skincare-This unit is about improving and maintaining facial skin conditions to include skin exfoliation, skin warming, facial massage, mask treatments and the use of facial products. There is an element of anatomy and physiology involved.

Unit 207 Provide manicure treatments-This is a preparation for work unit. The practical skills include carrying out a nail and skin analysis , providing clear recommendations to the client, identifying nail and skin conditions ,describing the contra-indications which prevent or restrict manicure treatments. Massage techniques and application of polish.

Unit 208 Provide pedicure treatments-At the end of this unit the students will be able to prepare and provide pedicure services. The student will study consultation techniques, carry out a nail and skin analysis study skin and nail conditions and describe the contra-indications which prevent or restrict pedicure treatments.

Studying for these qualifications will require students to work on each other and be prepared to experience a number of treatments.

Students will also have to complete 2 additional awards in waxing, eyelash and brow treatments when taking a level 3 programme of learning.

Specific entry requirement:

Level 2 qualification in Beauty Therapy or 4 GSCE's grade A* - C

Satisfactory level of competence in Mathematics and English