

Madeley Academy Sports Academy

BTEC Nationals (Level 3) Subsidiary Diploma in Sport Diploma in Sport Extended Diploma in Sport (Development, Coaching and Fitness)

WHY BTEC SPORT?

These courses offer an active and enjoyable way to study Sport and to gain an understanding of the Sport and Leisure Industry. All three courses aim to provide students with opportunities to progress academically and to gain the necessary prerequisites to pursue a successful career within the broad field of Sport. There are various possibilities open to students as they progress through the academy, including:

- Entrance to University to study sport related degrees.
- Scholarships in USA.
- Direct employment in the leisure industry.
- Achieve career in a particular Sport either as a full time professional or semi-professional.

The Sports Academy aims to provide students with the opportunities to play competitive fixtures at all levels, including prestigious competitions such as:

- ESFA National Cups.
- League Cup Competitions.
- FA Youth Cup.

Students will also have opportunities to gain valuable life-skill qualifications at both Level 1 and 2, including:

- F.A. Level 1 and 2 in Coaching Football.
- Level 2 Fitness Instructors qualification.
- A relevant First Aid qualification.
- Relevant Lifesaving and Swimming qualifications.
- Sports Leaders Awards.
- The Duke of Edinburgh Award Scheme.

SPECIFIC ENTRY REQUIREMENTS

- 4 GCSEs (Grades A* - C)
- Satisfactory level of competence in Mathematics and English
- A high commitment to PE and Sport, including extra-curricular activities.

COURSE DETAILS

BTEC Extended Diploma in Sport (Development, Coaching & Fitness) [Triple Award Course]

You will study eight mandatory units **plus** eleven optional units.

BTEC Diploma in Sport (Development, Coaching & Fitness) [Double Award Course]

You will study eight mandatory units **plus** five optional units.

BTEC Subsidiary Diploma in Sport [Single Award Course]

You will study three mandatory units **plus** one mandatory specialist unit **plus** three optional units.

Further details on course content will be added when Specifications are available from the Exam Board.

Mandatory Units:

Unit 1: Principles of Anatomy and Physiology in Sport

Unit 2: The Physiology of Fitness

Unit 3: Assessing Risk in Sport

Unit 4: Fitness Training and Programming

Diploma / Extended Diploma

Unit 5: Sports Coaching Diploma / Extended Diploma

Unit 6: Sports Development

Diploma / Extended Diploma

Unit 7: Fitness Testing for Sport and Exercise

Diploma / Extended Diploma

(Unit 7 is also a mandatory specialist unit for the Subsidiary Diploma)

Unit 8/9: Practical Team / Individual Sports

Diploma / Extended Diploma

Optional Units:

Unit 10: Outdoor and Adventurous Activities

Unit 11: Sports Nutrition

Unit 12: Current Issues in Sport

Unit 13: Leadership in Sport

Unit 14: Exercise, Health and Lifestyle

Unit 15: Instructing Physical Activity and Exercise

Unit 16: Exercise for Specific Groups **Extended Diploma only**

Unit 17: Psychology for Sports Performance

Unit 18: Sports Injuries

Unit 19: Analysis of Sports Performance **Extended Diploma only**

Unit 20: Talent Identification & Development in Sport **Extended Diploma only**

Unit 21: Sport and Exercise Massage

Unit 22: Rules, Regulations and officiating in Sport

Unit 23: Organising Sports Events

Unit 24: Physical Education and the care of Children and Young People

Unit 25: Sport as a Business

Unit 26: Work Experience in Sport

Unit 39: Sports Facilities and Operational Management

Unit 40: Sports Legacy Development

Unit 41: Profiling Sports Performance

Unit 42: Research Investigation in Sport and Exercise Sciences

Unit 43: Laboratory and Experimental Methods in Sport and Exercise Science